



My Yes Is On The Table

Moving From Fear To Faith

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Isn't it time you said yes to God?

What's holding you back? The risk? The unknown? The unwillingness to shake up the comfortable status quo? Whatever it is, if you're not in God's best place, you're missing out on something great. The Lord is calling you into a Promised Land. But it's going to take some faith steps to get there.

Jenn Hand wants you to be able to say to God, "My yes is on the table." Not halfheartedly. Not half the time. Not halfway there. Jenn wants you to go all in with God—because God is all in for you.

My Yes Is on the Table takes you into the story of the Israelites as they journeyed out of the wilderness and into the Holy Land that God had granted them. Each chapter will challenge you to move from a fear stop to a faith step. And once you've started taking those steps with God, there's no telling where you'll end up.

For too long, you've been paralyzed by fear of the future. You feel God calling. You want to go forward with His plans. Yet fear has stopped you from taking the leap. No more! Instead of letting fear stop you short, let faith call you forward with newfound confidence and holy boldness. Put your "yes" on the table, and watch God do more in your life than you could have ever imagined.

"The first time I heard Jennifer Hand speak on the subject of this book, I knew it needed to be in written form so people could receive this message all over the world. I laughed. I cried. I was convicted. The audience was moved to tears—but more than that, we were challenged to make a commitment. If you are longing for positive change and for a spiritual adventure that will last a lifetime, read this book. Better yet, buy copies for your friends and discuss the principles together. It will leave a mark on your soul. Your 'yes' will be on the table."

—CAROL KENT, Speaker, Author, Executive Director of Speak Up Ministries

ABOUT THE AUTHOR





JENNIFER HAND, Executive Director of Coming Alive Ministries, founded the ministry in 2012 and loves the honor of traveling nationally and internationally, inviting people to come alive in Christ through conferences, retreats, written resources, and counseling. She has had the joy of serving in over thirty countries. With a Master's degree in trauma counseling, God has opened a unique door for her to respond after natural disasters around the world, providing trauma counseling and the hope of Christ on the holy ground of suffering. She would love to keep up with you in her cozy internet corner of the world at www.comingaliveministries.com or on social media @comingalivejenn or Jenn@comingaliveministries on Facebook.

ENDORSEMENTS

"Stepping out in faith doesn't mean that you aren't afraid, but that you are willing to say yes and trust God's faithfulness, in spite of your fear. In *My Yes Is On the Table*, Jennifer shares many Biblical examples as well as personal examples of what it looks like to follow God—even when He calls you to say yes to the unknown and the uncomfortable. She encourages you that He will be with you and that your obedient yes could be the very catalyst to seeing God do exceedingly abundantly above all you could ever ask or think!"

—CRYSTAL PAINE, ("Money-Saving Mom") New York Times bestselling author, podcaster, blogger, and advocate for vulnerable children

"Do you long for more in your walk with God? Does it feel like God is calling you to something too big or too hard? Is fear stopping your yes? If these questions reflect what's in your heart, I invite you to take an amazing, fun-filled, faith-shaking, life-transforming adventure with my friend Jenn Hand through her new book, *My Yes Is on the Table*. Through God's Word and some amazing tales of her own, she'll guide you step by step, story by story, to trust God with your yes, bringing famous friends like Moses and Joshua along on the journey. Don't miss the more God has for you. Don't give in to the fear that stops you. Instead, join Jenn and walk confidently and courageously into the yes God has for you. He's waiting for you on the other side!"

-WENDY BLIGHT, author; Proverbs 31 Ministries Biblical Content Specialist

"Few books have transformed my life like *My Yes Is on The Table*. It has challenged me to trust God more, encouraged me to respond with quick obedience, and inspired me to believe in the power of the Spirit of God at work in my life. Fear was put in its proper place and replaced by faith. This message will unlock an adventure with God you cannot imagine is possible. An adventure where your heart cries 'Yes' even before you know the next step to take because you've grown to fully rest in His promises."

—DR. SAUNDRA DALTON-SMITH, physician, author, and host of I Choose My Best Life podcast

SUGGESTED INTERVIEW QUESTIONS



- 1. You have lived an exciting life, Jenn, and in your early years, you decided to become a career missionary. How did you come to that decision and where did you serve?
- 2. While serving in Nepal, you began to sense the Lord was asking you to pick up and move on. How did you respond to the idea of moving on to another country and ministry when you thought you'd be in Nepal for the rest of your life?
- 3. What were the reasons that held you back from saying yes to the Lord, and how did facing those fears help you make the right decision and say yes?
- 4. After saying yes to the Lord, how did that decision lead you to start Coming Alive Ministries?
- 5. You posted this question on social media, asking this: "I want to say yes to God but I am afraid of *fill-in-the-blank*" and hundreds of people responded. What were some of the answers to being afraid to say yes to God?
- 6. My Yes Is on the Table takes the reader on a journey into the Promised Land through the book of Joshua. How can we use the journey of the Israelites into the Promised Land to challenge and encourage us in our journey from fear stops to faith steps?
- 7. What are some practical ways that will help a person move from fear to faith?
- 8. While traveling in the Middle East, you were standing on Mt. Nebo and looking over into the Promised Land. What did you learn from God at that moment that impacted your life forever?
- 9. Tell us what you learned about God and the adventure of living your yes on the table while on the back of an elephant gone wild.
- 10. What would you say to the person that wants to say yes to God but is scared to hope in what He is asking them to do?
- 11. You've seen positive changes happen when a person takes the challenge of living with their yes on the table. What changes can be expected to happen when someone says yes to living for God's glory?
- 12. It can be easy to compare our yes story to someone else. Why does my yes to God not look like my neighbor, friend, family member? Why is every person's yes unique?